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DISCHARGE INSTRUCTIONS

FIBER OPTIC EVALUATION OF THE SINUSES AND LARYNX

The purpose of this information is to explain what to expect after having a **FIBER OPTIC EVALUATION OF THE SINUSES AND LARYNX**.

As you leave the office, you will notice that your throat may be somewhat numb. You may also experience a slight shortness of breath. These symptoms should disappear in about an hour. This is mainly due to the topical anesthetic sprayed inside your mouth and nose prior to having the procedure.

You may eat a regular diet after the numbness has subsided.

Please contact our office if you experience any complications or difficulty after your procedure.

I understand the above information and consent to follow the instruction.

Patient or Guardian Signature

Date

Patient or Guardian Name-Printed